

Books @ Heartland Human Services

Alzheimer's Disease

- ❖ Activities of Daily Living: An ADL Guide for Alzheimer's Care
- ❖ Alzheimer's Activities
- ❖ Alzheimer's Basic Caregiving: An ABC Guide
- ❖ Bathing Without a Battle: Person-Directed Care of Individuals With Dementia
- ❖ Counseling the Alzheimer's Caregiver
- ❖ Courage to Care: A Caregivers Guide...Alzheimer's
- ❖ Doing Things A Guide to Programming Activities for Persons with Alzheimer's Disease and Related Disorders
- ❖ Talking to Alzheimer's
- ❖ Twilight Travels with Mother
- ❖ The Simplicity of Dementia: A Guide for Family and Carers
- ❖ The 36 Hour Day
- ❖ What's Happening to Grandpa?
- ❖ When Someone You Love has Alzheimer's: What you must know, what you can do, what you should expect

Aging

- ❖ Aging in America: The Years Ahead

AIDS

- ❖ AIDS Care at Home: A Guide for Caregivers, Loved Ones, and People with AIDS

Cancer

- ❖ Caregiving: A Step by Step Resource for caring for People with Cancer at Home
- ❖ We've Been There Too! Thoughts by People with Cancer
- ❖ When Cancer Strikes: A Tribute to the Family Caregiver

Caregiving

- ❖ A Family Caregiver Speaks Up: "It Doesn't Have to Be This Hard"
- ❖ About Our Family A Respite Workbook for Families & Care Providers
- ❖ And Thou Shalt Honor The Caregiver's Companion
- ❖ Caregiving: The Spiritual Journey of Love, Loss, & Renewal
- ❖ Caregiver Survival Series: Preventing Caregiver Burnout
 - The Magic of Humor in Caregiving
 - Positive Caregiver Attitudes
 - Creative Caregiving
 - Coping with Caregiver Worries
- ❖ Chicken Soup for the Caregiver's Soul

- ❖ Christian Caregiving: A way of Life
- ❖ Consumer Reports Complete Guide to Health Services for Seniors
- ❖ Dutiful Daughters
- ❖ Elder Rage or Take My Father Please!
- ❖ Family Caregiver Guide: A Comprehensive handbook for caring for your loved one at home
- ❖ Grieving Mindfully A Compassionate and Spiritual Guide to Coping with Loss
- ❖ Growing Older, Staying Healthy
- ❖ Helping Yourself Help Others: A book for caregivers
- ❖ How To Care For Aging Parents: A complete guide
- ❖ Oral Health Care for Older Adults
- ❖ Quick Tips for Caregivers
- ❖ So Far Away Twenty Questions for Long-Distance Caregivers
- ❖ Surviving the Death of Your Spouse A Step-By-Step Workbook
- ❖ Taking Care of Aging Family Members: A Practical Guide
- ❖ The Bright Light of Death
- ❖ The Comfort of Home: A Step by Step Guide for Caregivers
- ❖ The Cost of Caring: Money Skills for Caregivers
- ❖ The Gifts of Caregiving Stories of Hardship, Hope, and Healing
- ❖ The Relaxation & Stress Reduction Workbook
- ❖ The Resourceful Caregiver (2 copies)
- ❖ Writing As A Way of Healing

Cerebral Palsy

- ❖ Cerebral Palsy: A Complete Guide for Caregiving
- ❖ Children with Cerebral Palsy: A Parents Guide
- ❖ Living with Juvenile Diabetes: A Practical Guide for Parents & Caregivers of Children with Type I Diabetes Mellitus

Diabetes

- ❖ The Ten Keys to Helping Your Child Grow Up with Diabetes: A Practical Guide for Parents & Caregivers

Heart Disease

- ❖ Outliving Heart Disease

Multiple Sclerosis

- ❖ Facing The Cognitive Challenges of Multiple Sclerosis

Nursing Homes

- ❖ Where Do I Go From Here?...A guide for Nursing Home Residents, Families, and Friends on Consulting An Attorney

Parkinson's Disease

- ❖ Caring for the Parkinson Patient: A Practical Guide
- ❖ I'll Hold Your Hand So You Won't Fall...A Child's Guide to Parkinson's Disease
- ❖ Parkinson's Disease: A complete Guide for Patients and Families

Psychiatry

- ❖ Bipolar Disorder A Guide For Patients and Families
- ❖ Geriatric Neuropsychology Assesment and Intervention
- ❖ The Essential Handbook of Memory Disorders for Clinicians
- ❖ The Mature Mind The Positive Power Of The Aging Brain
- ❖ Personality Disorders And Older Adults
- ❖ What Every Patient, Family, & Caregiver Needs to Know about Psychiatry

Stroke

- ❖ Stroke and the Family